

NIU Tae Kwon Do & Hap Ki Do Korean Martial Arts Club

VOCABULARY 1

For Rank Test Promotional Examination

9th Kup White Belt To 8th Kup Yellow Belt

Names of Major Korean Martial Arts Styles

1. Chung Do Mu Sool Won - "True Way Martial Arts Institute", Korean Royal Court Martial Fine Arts.
2. Jung Kwon Bop - "Middle Fist Arts", the central philosophy and principles of Chung Do Mu Sool Won.
3. Taek Kyon (aka Tae Kyon, and Taek Kyun) - "Push Shoulder", the original Korean kicking art.
4. Hap Ki Do - "Way of Coordinating Power", Korean joint lock throws, vital points, strikes & kicks.
5. Tae Kwon Do - "Way of Kicking and Punching", Korean national martial sport.
6. Tang Soo Do (aka Soo Bak Do) - "Way of the Tang (China) Hand", Korean martial art (Karate).
7. Yudo - "Gentle Way", Korean grappling and throwing sport and art (Judo).
8. Kumdo - "Way of the Sword", Korean fencing sport and art (Kendo).
9. Sserum - The native Korean style of wrestling.
10. Kung Sool - "Bowmanship", native Korean style archery.

Korean Historical References

1. Hwa Rang Do - "Way of the Flowering Youth", Korean warrior knights of the Cilla kingdom.
2. Mu Sool (or) Mu Yea - "Martial Arts", old general Korean term (s) for martial arts.
3. Cilla, Koguryo, & Paekche - The three ancient warring kingdoms of Korea.
4. Cilla Kingdom - The Hwa Rang warriors unified ancient Korea under Cilla's leadership.
5. Muye Tobo Tanji - "Comprehensive Martial Arts Text", ancient Korean martial arts manual.

Korean General Etiquette Terms

1. Ahn Young Ha Sae Yo - "Hello!"
2. Uh Dauh Gae Ji Nae Shut Uh Yo? - "How have you been doing?"
3. Ahn Young He Gae Sae Yo - "Good bye!"
4. Gham Sah Hahm Nee Da - "Thank You!"
5. Cha Man Nae Yo - "You are welcome!"

Korean Basic Martial Arts Terms

1. Sah Baum Nim - Instructor
2. Cha ryeet - Attention
3. Kyung ryeet - Bow
4. Choon Bi - Ready
5. Shi Jock - Start
6. Gu Mahn - Stop
7. Bah Ro - Return to your original position.
8. Ap Cha Gi - Front Kick
9. Pyo Chuk Cha Gi - Crescent Kick or Target Kick
10. Yop Cha Gi - Side Kick
11. Dol Rye Cha Gi - Roudhouse Kick
12. Dye Dol Rye Yop Cha Gi - Spinning Side Kick
13. Seo Gi - Stance
14. Jah Sae - Body Position
15. Pa Do Hyung - "Wave Form", the first form of Chung Do Mu Sool Won