

NIU Tae Kwon Do & Hap Ki Do Korean Martial Arts Club

VOCABULARY 2

For Rank Test Promotional Examination

8th Kup Yellow Belt To 7th Kup Yellow Belt

Korean Basic Training Skill Terms

1. Tan Jun Ho Hup or Tan Jun Ki Hap Bop - Abdominal "KI" energy breathing exercises (Chi Gong)
2. Cha Gee Sool (or) Taek Kyon - Kicking and leg maneuvering skills and exercises.
3. Jung Kwon Sool (or) Ju Mok Chi Gee - Punching techniques.
4. Kwon Bop - "Fist Arts" or "Fighting Arts", Hand skills, maneuvers, exercises, and principles.
5. Mak Ki Sool - Blocking Techniques
6. Sohn Gul Li Gi Bop - Rolling hands exercises and principles.
7. Hyung - Form training.
8. Nak Bop Sool - Falling and tumbling skills.
9. Kyuk Pa Sool - Breaking Techniques and Training.
10. Gup So Sool - The study of vital points.

Korean Self Defense Terms

1. Ho Shin Sool - Self Defense Techniques
2. Sohn Mok Bbae Ki - Wrist Release Skills
3. Han Bo Dae Ryun - One Step Sparring
4. Kwan Jul Sool - Joint Twisting or Locking Techniques
5. Too Gi Sool - Body Throwing Techniques
6. Nu Ru Gi Sool - Pinning Techniques and Ground Control Skills
7. Ji Ap Sool - Pressure Point Techniques
8. Kwan Jul Kyuk Ki Sool - Joint Snapping and Dislocation Techniques
9. Mok Jo Ru Gi Sool - Choking Techniques
10. Dan Do Mak Ki Sool - Knife Defense Techniques

Basic Counting in Korean

<i>Hanna</i>	one	<i>IL</i>	First (1st)
<i>Dool</i>	two	<i>Ee</i>	Second (2nd)
<i>Set</i>	three	<i>Sam</i>	Third (3rd)
<i>Net</i>	four	<i>Sa</i>	Fourth (4th)
<i>Dah Sut</i>	five	<i>Oh</i>	Fifth (5th)
<i>Rye Sut</i>	six	<i>Yuk</i>	Sixth (6th)
<i>Ill Gup</i>	seven	<i>Chil</i>	Seventh (7th)
<i>Yah Dul</i>	eight	<i>Pal</i>	Eighth (8th)
<i>Ah Hop</i>	nine	<i>Goo</i>	Ninth (9th)
<i>Yul</i>	ten	<i>Ship</i>	Tenth (10th)

Sections of Pado Hyung "Wave Form"

- 1) Pa Do Hyung Sohn Gul Li Gi IL Jang - Wave Form Rolling Hands First Section, 9th Kup to 8th Kup.
- 2) Pa Do Hyung Sohn Gul Li Gi Ee Jang - Wave Form Rolling Hands Second Section, 8th Kup to 7th Kup.